

# CALICUT Jan-2019 TIMES

Monthly Newsletter of IAP Kozhikode



## INDIAN ACADEMY OF PEDIATRICS KOZHIIKODE

**Dr Ashraf T P**  
*President, IAP Kozhikode*

**Dr Nihaz Naha K**  
*Secretary, IAP Kozhikode*

**Dr Vishnu Mohan P T**  
*Treasurer, IAP Kozhikode*

## Highlights

### INAUGURATION OF PRESIDENTIAL ACTION PLAN 2019 “ Pain and Palliative Care”

- Release of IAP Paediatric Procedural  
Pain Management Protocol.

### KERALA NEOCON -2019 @KOCHI

- Calicut NNF was awarded best Branch
- Dr Vishnu Mohan P T was elected as  
the secretary NNF Kerala
- Dr Sajna Saeed, JR pediatrics IMCH,  
got 2nd best paper award in Neocon  
2019

## PRESIDENT'S MESSAGE



I am very happy to communicate with all my fellow IAPians of Kozhikode through this monthly newsletter. Last month we had lot of activities and lot thought provoking discussions about the future activities of IAP Kozhikode. We have charted activities for future months. Discussions are also started with local self-government institutions and Social justice department and NRHM about the implementation of some joint initiatives. I expect sincere support and guidance from the members for the successful implementation of these activities.

Thanks and Regards,

Dr Ashraf. T. P

## UPCOMING PROGRAMMES OF NEXT MONTH

- ✓ Glucose Estimation Strip Distribution for diabetic children along with IMPRINTS and Department of Pediatrics 3/2/2019
- ✓ 2nd online learning module on Preterm care and Neonatal Sepsis at Aster MIMS, Kozhikode. 3/2/19
- ✓ National Pedicon 2019 @ Mumbai - Feb 4th-10th
- ✓ Childhood cancer awareness Rally and seminar, in association with CANKID and PULARI --17/2/19
- ✓ Calicut Half Marathon 24/2/2019
- ✓ Monthly Clinical Meeting- Panel Discussion on UTI 28/2/2019

## MAIN CONFERENCE

- CME on Hematology oncology -3/3/2019
- Mission Kishore Uday - April
- Perinatology CME - April
- Nephrocon June 16, 2019
- Midneocon Aug 4, 2019
- Respicon- 29 September, 2019



05-Jan-2019

## Seminar on Effective Parenting



Second Parenting program organized by IAP Kozhikode at Gokulam Public school on 5th Jan 2019. Dr. Beena Johnson conducted seminar on Effective Parenting focusing on management of learning problems and behaviour problems in children.



## Pain and Palliative Sangamam at CHC Neduva

12-Jan-2019

- Pain and Palliative Sangamam at CHC Neduva on 12/1/2019
- Inaugrated by Hon. MLA Sri. P K Abdurabb Presided by P K Jameela Municipal chairperson
- Dr Ranjith P Medical officer i/c felicitated the function.
- About 45 palliative patients attended the sangamam. Cultural programmes by doctors, staffs, and other palliative workers followed





**KERALA NEOCON -2019 @ KOCHI**

Date 11-Jan-2019 to 13-Jan-2019

**Advanced NRP at Medical Trust Hospital Kochi, As A Part Of NEOCON 2019**

11- Jan-2019

Dr Babu Francis, Dr Vijayakumar M, Dr Vishnu Mohan P T, Dr Nihaz Naha K and Dr Shabeer M P from Kozhikode were the trainers along with Dr Manoj VC and Dr Febi Francis From Thrissur. NRP was attended by 42 delegates.



11- Jan-2019

Calicut NNF was awarded best Branch award in state along with Trivandrum Award was received from State Office bearers Dr Santhosh M K, Dr Jayachandran and Dr Vishnu Mohan by Dr Nihaz Naha, Joint Sec and treasurer, NNF Kozhikode, Dr Khais and Dr Sadhik





12- Jan-2019

Advanced Ventilation Workshop at Ernamkulam Medical Centre, Kochi as a Part of Neocon 2019



Dr Nihaz Naha K, Secretary IAP Kozhikode was a faculty along with Dr Nelby George from Thiruvalla and Dr Sanooj from Australia.



Workshop on therapeutic Hypothermia at Lourdes Hospital, Kochi as a part of Neocon 2019.



Dr Shabeer M P, Consultant Neonatologist Iqraa Hospital was a faculty along with Dr Rojo Joy and Dr Jayachandran.

“PROUD MOMENT”

Dr Vishnu Mohan P T was elected as the secretary NNF Kerala



12- Jan-2019

Dr Sajna Saeed, JR pediatrics IMCH, got 2nd best paper award in Neocon 2019



13-Jan-2019

Our member Dr Shabeer M P gave a talk on "Evidence based management of ELBW" at Neocon.



13-Jan-2019

Dr Vishnu Mohan P T- Treasurer, IAP Kozhikode also gave a talk at Neocon - 2019 on the topic "Identifying a sick neonate".



13-Jan-2019

Dr Vijayakumar Companion Editor, IAP Kerala and HOD Pediatrics, GMC Manjeri gave a talk on "Recent trends in diagnosis and management of osteopenia of prematurity" at Neocon 2019





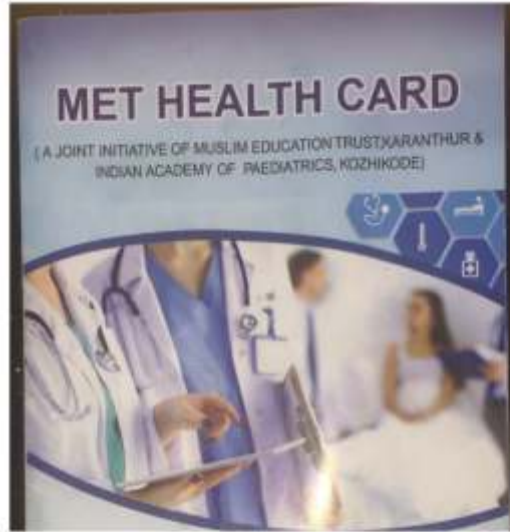
15-Jan-2019

## Medical Camp

IAP Kozhikode conducted comprehensive medical camp in Karanthur AMLP school. Along with pediatricians, speech therapist, optometrist and clinical psychologist we are also made available in the camp. Including students from LKG, UKG and 1st STD, around 150 students were examined. Along with physical health issues, learning disorders, mental health issues, vision, hearing and language problems were also addressed. Out of 150 examined 7 students with vision issues, 4 with language issues and 3 with hearing issues were identified and referred to early intervention centre@ IMCH for further follow-up.

Camp was inaugurated by panchayat president Sheeja Thottathil.

Dr Ashraf T P, President IAP Kozhikode headed the Medical team.



## Inauguration Pain and Palliative Care

15-Jan-2019

State Level Inauguration of presidential action plan 2019 “Pain and Palliative Care” and release of IAP Pediatric Procedural Pain Management Protocol.

Program was inaugural by state president Dr Santhosh M K, IAP Kozhikode President Dr Ashraf T P.

Prof Dr Lulu Mathews released the protocol for pain Management.

Dr Balachandar D, Secretary IAP Kerala, gave a talk on presidential action plan “PIVOT”

Was attended by lots of senior, and practicing pediatricians along with doctors and PG s of IMCH.





Pain and Palliative Inauguration - Paper Cuttings



15-Jan-2019

Release of Monthly News Letter

Monthly Newsletter was released on 15/1/19 by Dr Ashraf TP, president IAP Kozhikode and Dr Nihaz Naha, Secretary IAP Kozhikode by handing over to Dr Santhosh M K, President IAP Kerala and Dr Balachandar D, Secretary, IAP Kerala

This was the first newsletter released by an IAP branch in 2019, encouraging other branches also to come with a news letter





Members of Calicut IAP in Different Program

06-Jan-2019



Talk by Dr Vishnu, Treasurer IAP Kozhikode. Updates in Neonatal Resuscitation at SAATH SAATH perinatology workshop conducted at tellichery



Dr Krishnamohan - Treasurer, IAP Kerala Giving a talk at All about fever program... Organized by IAP Vatakara

20-Jan-2019



Talk on Recurrent Pneumonia by Professor Dr. Mohandas Nair at IAP Kanhangad Monthly CME

20-Jan-2019



Talk by Dr. Vijayakumar - Companion Editor, IAP Kerala at Thrissur Medical College Annual CME 20.01.19

Talk by Krishnamohan-Treasurer, IAP Kerala at Chennai, National Conference of Allergy and applied immunology chapter





20-Jan-2019

Talk by Dr Krishnamohan - Treasurer, IAP Kerala at United Airways program... at MES Perinthalmanna



23-Jan-2019

Dr Krishnamohan - Treasurer, IAP Kerala with Dr Habeeb, Dr Rajeev, Dr Sunil and Dr Sajith... at National Institute of Child Development, Bangalore ...3 Day ToT on Malnutrition in Children...



25-Jan-2019

**\*1st clinical meeting of IAP Kozhikode\***

Panel discussion on Pneumonia. Moderator: Dr T P Ashraf Panelist: Dr Mohandas, Dr Suresh Kumar, Dr Krishnamohan and Dr Sindhu. Great academic discussions, well interacted by senior members

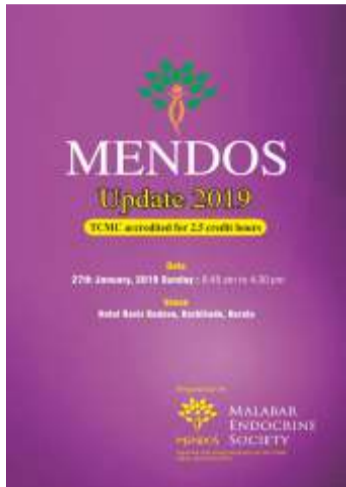




26-Jan-2019

## Mendos 2019

Dr Ashraf T P -President IAP Kozhikode, Dr Ajithkumar V T- HOD Pediatrics, Dr Vijayakumar M - Companion Editor, IAP Kerala, Chaired Different sessions in MENDOS 2019



MENDOS	
HALL B PEDIATRIC ENDOCRINOLOGY	
9:30 AM TO 11:00 AM	<b>SESSION 1</b>
Chairpersons:	Dr. M.V. Jayaraman, Dr. A. Rajan, Dr. T.R. Ashraf
9:30 AM TO 9:45 AM	Newborn screening for infectious diseases.
	Dr. S.R. AGAR, Assistant Professor & Consultant Endocrinologist, Trivandrum Medical College, Kerala
9:45 AM TO 10:15 AM	<b>MEET THE EXPERT: Short Rotations</b>
	Dr. Nandakrishnan, Former Professor & Head, Department of Endocrinology, ICM Hospital and ICM School of Medical College, Madurai
	Class Presentation: Dr. M. V. Vinod Kumar, Endocrine Endocrinology, ICM Hospital, Coimbatore
10:30 AM TO 11:00 AM	Insulin pump in Type 1 Diabetes - Is it really the gold standard?
	Dr. A.G. Chandrasekhar, Consultant Endocrinologist & CMO, Changanassery Institute, Kerala
11:00 AM TO 11:15 AM	<b>TEA BREAK</b>
11:30 AM TO 11:45 AM	<b>SESSION 2</b>
Chairpersons:	Dr. V.T. Ajith Kumar, Dr. Mahesh Menon
11:30 AM TO 11:45 AM	Acute Concussion, Postictal Status Epilepticus
	Dr. Shikhanth Mathan, Professor & Head, Department of Endocrinology, Diabetes and Metabolism, Sri Ramakrishna Institute of Higher Education and Research, Chennai



## IAP, NNF Fitness Club Program

31-Jan-2019

Talk by Dr Shafeeq Mattummal, Sr Consultant & HOD Cardiology, Aster MIIMS on importance of workout and diet in cardiac health. Followed by Zumba session. Well attended by members. Health

status of the members was assessed by BMI and Fat percentage and filed. Well coordinated by our fitness coordinators Dr Rajul, Dr Bijul and Dr Priya.



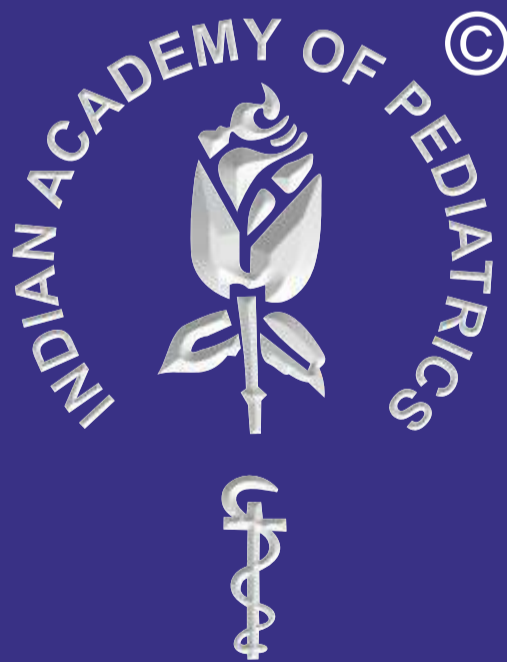




31-Jan-2019

Class on Immunisation and Nutrition to parents by Dr Sreela Pediatrician CHC Neduva on 31/1/2019

On every Wednesday under IAP NNF FITNESS CLUB, REDDEVILS play football around 25 members come to play on different days.



INDIAN ACADEMY OF PEDIATRICS  
KOZHIKODE