

September 2022

# National Nutrition Week

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## **OFFICE BEARERS IAP KERALA 2022**



Dr Vijayakumar M President



Dr Jose O President Elect 2021 & NEBM 2022, Secretary PAAI, CIAP



Dr T P Jayaraman Immediate Past President



DrJohnny Sebastian Secretary



Dr Gopimohan R Treasurer



Dr B Narayana Naik Vice President



Dr KrishnaMohan Joint Secretary National EBM, SZ, IAP NRC, Treasurer, PAAI, CIAP



Dr Sankar VH Vice President Elect 2022



**Dr Vishnu Mohan PT** Chief Editor, Pediatric Companion



Dr Ranjith P Website Editor SZ EBM of AHA & Medicolegal group



**Dr.Nisha Narendran** Chief Editor IAP Today

## **National President 2022**



Dr Remesh Kumar R



### **National Executive Board Members 2022**

**Past National Presidents** 

**National Office Bearers** 



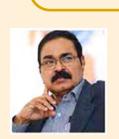
Dr M Narayanan



Dr Riaz I



Dr Nanda Kumar MK



Dr MKC Nair National President, 2004 H'ble Ex VC, KUHS



Dr T U Sukumaran National President 2011



**Dr S Sachidananda Kamath** National President, 2015



Dr Balachandar D Secretary ECHG 2021-'23 FBS AIMC 2021-23



Dr Susan Uthup Chairperson, National Nephrology Chapter



Dr Ashok Kumar Joint Secretary & Treasurer ICANCL group 2021, 22



Dr Suma Balan Chairperson, National Rheumatology



Dr TM Ananda Kesavan National VP ECHG 21-'23 NABM,IP2021 Member National ACVIP



Dr Mohammed Ismail Treasurer, Neurodevelopmental (Disability) Group



Dr MN Venkiteswaran FBS AIMC 2021-'23



Dr Nita Radhakrishnan Secretary Hematooncology Chapter









## IAP TODAY TEAM 2022



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## NZ Coordinators



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**Dr.Vidhu Ashok** NZ Coordinator Phone-8078262969 Email: vidhuashokpaeds@gmail.com



## THE REPORTING OB - IAP TODAY 2022

#### **NORTH ZONE IAP**

Branch	Reporting OB	Email Id	Phone
Kozhikode	Dr. Sayyid Sabik	sabik101@gmail.com	7736425056
Vatakara	Dr. Nousheed Ani M	drnousheedani@gmail.com	9567320984
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Pariyaram	Dr. Mahesh K	drmaheshmohan88@gmail.com	7018098279
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Kasaragod	Dr. Haris V	drharis@msn.com	9447771006

## **MID ZONE IAP**

Branch	Name of Secretary	Email Id	Phone
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Malanad	Dr. Varghese Abraham	varghese.abraham@moscmc.edu.in	9530886594
Idukki	Dr. Sr Jyothis	jyothiscjg@gmail.com	9425950393
Kodungalloor	Dr. Manjusha K Rajesh		9048237529
Palakkad	Dr. Salinij KH	skh_skh123@yahoo.com	9746999169
Valluvanad	Dr. Mahesh Krishnan P	makpali05@gmail.com	9207290912
Malappuram	Dr. Juman C P	cpjumankdm@gmail.com	9656221446

#### **SOUTH ZONE IAP**

Branch	Name of Reporting OB	Email Id	Phone
Thiruvananthapuram	Dr. Siby Kurian Philip	<u>sibysworld@yahoo.com</u> sibykurian66@gmail.com	9995551935
Kollam	Dr. Bidhu Pillai	drbidhupillai@yahoo.com	9846019430
Alappuzha	Dr. Ansha	dransha12@gmail.com	8547490595
Pathanamthitta	Dr. Goldie Udayan	Golden37@gmail.com	9447333187
Kottayam	Dr. Preeja S	spreeja@yahoo.co.in	9447552542
Cochin	Dr. Rekha Zacharias	rekhajo@gmail.com	9400868888
Madhya Kerala	Dr. Bipin Jose	bipin015@yahoo.co.in	8281056999



## **BRANCHES REPORTING TIME LOG**

SI No	Branch	<b>Reported</b> / Nil	<b>Reported Zone</b>
1	MadhyaKerala	29.9.22	South zone
2	Kasaragod	29.9.22	North zone
3	Kanhangad	30.9.22	North zone
4	Thiruvananthapuram	01.10.22	South zone
5	Kochi	01.10.22	South zone
6	Kottayam	02.10.22	South zone
7	Wayanad	03.10.22	North zone
8	Malanad	03.10.22	Mid zone
9	Alappuzha	03.10.22	South zone
10	Thalassery	03.10.22	North zone
11	Kannur	03.10.22	North zone
12	Thrissur	05.10.22	Mid zone
13	Valluvanad	06.10.22	Mid zone
14	Kozhikode	07.10.22	North zone
15	Kodungalloor	07.10.22	Mid zone
	Nil R	eports	
16	Idukki		Mid zone
17	Palakkad		Mid zone
18	Malappuram		South zone
19	Pathanamthitta		Mid zone
20	Pariyaram		North zone
	Late	Report	
21	Vatakara	To be included in later issue	North zone
22	Kollam	To be included in later issue	South zone





#### Dear IAP ians

September was one more fruitful month for us . Our chapter symposia, criticon at Tellichery was a grand success with good academic content and great participation. Kudos to team Tellichery. This month we had an excellent, CME at Wayanad Pericon witnessing a great participation by our obstetrics colleagues also. Hats off to team Wayanad. Eagerly waiting for Respicon Kannur, Allerenvicon at Badakara and IDicon at Alappuzha. Sincere request to all IAPians to attend these prestigious programs and make it a grand success. Last but not the least, Calpedicon is almost a month away. Sincere appeal to register early and attend with your family

Regards

Vijayakumar

President IAP Kerala





Dear Seniors and Friends,

September was an action-packed month with the much-awaited Family EB meet at Kumarakom, the subspecialty conference, Criticon at Thalassery as well as nutrition week and rational antibiotic week celebrations by almost all the district Branches. The family EB meeting had good attendance and I take this opportunity to express my gratitude to IAP Kottayam for the support and also to Dr. Ranjith. P for coordinating the cultural events so well. Criticon, hosted by IAP Thalassery was well appreciated for the meticulous selection of topics as well as the faculty.

The indexing of our journal "Pediatric Companion" is definitely a milestone achievement for IAP Kerala. I congratulate our President Dr. M. Vijayakumar for starting the process and Dr. Vishnumohan for completing it successfully.

Once again I would like to congratulate Team IAP Today, Editor Dr. Nisha Narendran, and the team for coming up with our monthly newsletter on time and compiling all the programs conducted all over the state.

Warm Regards,

Yours in Academy,

Dr Johnny Sebastian

Secretary, IAP Kerala





Dear Seniors & friends,

I express my sincere gratitude to all the reporting OB and coordinators for their support in bringing out the bulletin on time. I thank our beloved leaders, President Dr. VijayaKumar and Secretary Dr. Johnny Sebastian for guiding us.

The month of September began with Nutrition week activities and ended with the Rational Antibiotic Day observance. Both these being core to the healthy existence of future citizens, Kerala IAP has managed to take the awareness level of our community to the next level with well-planned activities, this year. The antibiotic awareness week observance is taken forward by the branches into October very well.

October demands effort from each one of you in taking up the observance of World Mental Health day on Oct 10<sup>th</sup> and World Pain & Palliative day on Oct 12<sup>th</sup> in a systematic way. Every seemingly small activity is a definite leap forward in this regard. After getting all the healthcare indicators on track, Kerala obviously is on the leading path in child care in the country. But it is important to get the happiness quotient high for future citizens and tackle the very common, yet underdiagnosed and stigmatized mental health issues of our children. This requires focused planning with a well-structured module being implemented by roping in veterans in pediatric mental health. It is important to get the best out of our future citizens. Preventive care should be looked into in this regard and steps should be taken to equip our children with the necessary life skills on a serious note. The post-CoViD era demands such an approach with a lot of mental health issues cropping up in children. Pain and palliative care awareness have to take root as well, taking the approach and quality of health care to the best level, at all points of life of an ailing child, in our state. We are sure that Kerala IAP will lead the way in child health care these matters too with able leaders to guide us.

Keep going smart with the innovative activities in IAP Kerala! Stay healthy!

Yours in IAP Today,

Dr Nisha Narendran Chief Editor, IAP Today.

Lanor, III Touuj.



#### Presidential Action Plan 2022 IAP KERALA

#### PROMISE

#### Lets promise to keep this PROMISE together...

#### The Chairpersons speak ... on progress of PAP....

#### ACTION PLAN LOG -

#### State Action Plan Co-ordinator - Dr. Jose O

#### Dear Friends

We have entered the last month of IAP year 2022, all the action plans has been fulfilled in 100%. I take this opportunity to congratulate to all branches for excellent weeks and day celebrations this month and state conference of intensive chapter Thalssery and Perinatology chapter conference at Wayanad in an exemplary manner. Wish you all the best for coming Subchapter conference of Respicon, Allerenvirocon and IDICON. Our own national Presidential action plan also in final stages and thanks to all branches taken all the steps to fulfill the vision of Dr Rameshkumar R. Congratulations to IAP Today teams lead by Dr. Nisha N for promptly compiling all the activities of IAP Kerala. We are eagerly waiting for state conference Calpedicon 2022 and Organising team doing a wonderful job to make Calpedicon to a memorable events.

Wish you all the best

## P

Pediatric Trauma and Disaster Management – State Chairperson - Dr Vishnumohan P T Pediatric trauma module workshop will be planned. Perinatology – State Chairperson - Dr Manoj VC Theme -"start from the womb" "Caring of both ends of the Cord" -A Training Program to make difference at the ground level.



Plan: A State level TOT followed by branch-level interactive sessions being planned in association with Central IAP on the training of Obstetricians and Pediatricians on Updates in Perinatal Care State-level TOT being planned at Thrissur.

PG Club- Post Graduate Training Module –

State Chairperson - Dr Shanavas A

Case presentation for PG academics will be planned and scheduled after Onam.

Pediatric Asthma

State Chairperson - Dr Sureshkumar E K

Activities being planned as CoViD crisis settling.

Prevention of life style diseases

State Chairperson - Dr Riaz I

Completed training of school counsellors, Souhrida coordinators and Pediatricians. School visits will be planned and scheduled.

#### **Preventing NAFLD**

State Chairperson - Dr Prasanth Shobhan

CME for Practising Pediatricians on "Pediatric Fatty Liver Disease" is being planned in association with various IAP Branches in the State

## R

#### **Rare Diseases**

#### State Chairperson - Dr Sankar V H

SMA clinic and SMA registry is progressing. Other registry also will launch soon. Treatment protocol and patient awareness leaflet under preparation.



#### **Revamping BFHI**

#### State Chairperson - Dr K K Joshi

MBFHI revamping committee conducted first meeting with new zonal coordinators and district coordinators on a virtual platform to assess the progress and to address the grievances faced by the hospital coordinators involved in the process. Concerns were expressed on the slow momentum and the delay on official declaration of MBFHI certified hospitals. All urged for more active participation in the grass root level at districts and the LCT course by KUHS was welcomed as a great step in this direction and endorsed more registration by staff nurses from delivery points.

#### **Registry for Cerebral Palsy**

State Chairperson - Dr Nimmy Joseph

Planning on implementing registry is on way.

#### **Resuscitation New Born**

#### State Chairperson - Dr Balachandar D

BNRP started 1yr ago and IAP KERALA has done 90 workshops so far. And in the next 6months our very active branch Coordinators has reached a consensus to do 90 more especially branches like TVM, KzK, COCHIN and Malappuram. Dr Vishnu Mohan, SZ coordinator BNRP attended the Zonal and state Coordinators meeting at New Delhi presided by Dr SS Kamath Sir on 24/9/22.

#### **Re – Emerging Infections**

#### State Chairperson - Dr Sheeja Sugunan

Emerging diseases: how to identify and evaluate? - A session for practitioners by Dr Aravind R, HOD infectious diseases, GMC Thiruvananthapuram is planned as webinar along with the PAP launch.

### 0

#### **Optimizing hemoglobin**

#### State Chairperson - Dr Ajithkumar V T

Work in association with PHO chapter – plan to do project on adolescent screening for anemia ,workup algorithms for anemia with associated findings ,camps in tribal regions ,parent support programs for sickle cell anemia ,facilitate bone marrow donor registry, official collaboration with NHM & KSSM , multicentre trial platform.



## Μ

#### **Medicolegal Awareness**

#### State Chairperson - Dr Ranjith P

This action plan aims to increase medicolegal awareness among pediatricians & general practitioners, thereby forming a medicolegal support group in Kerala. Three CME son medicolegal topics conducted in Kozhikode, Kottayam also as a southzone CME.

IAP Kerala Members participated as faculties in Pedicolegal CME at National pedicon. Our members were panelists in the CMEs on suggestions -Recent NMC draft changes.

Kerala MLG group was inaugrated on 29/08/2022 by National President Dr Remeshkumar R.

Planning one more session in the month of october.

#### Media & Arts

#### State Chairperson - Dr Mohandas Nair

The work of cultural magazine of IAP Kerala is on. We had good response from our members. Received many articles. You can send stories/poems/articles/paintings / pencil sketches either from members or their immediate family members even now in this e mail id: keralaiapculturalwing@gmail.com

## I

#### **1YCF & Childhood Nutrition**

State Chairperson - Dr Kristin Indumathi
IYCF Chapter will be launching a survey on IYCF practices in Kerala soon
Immunization Update & Compulsory Immunization Card for School Children
State Chairperson - Dr AnandaKesavan T M
ACVIP meeting at CIAP office was attended by State Chairperson.



## S

#### **Suicide Prevention**

#### State Chairperson - Dr T P Jayaraman

Planning conduct of sessions for creating awareness on suicide prevention in adolescents in coming months.

#### Screening for Congenital Hypothyroidism for All Neonates State Chairperson - Dr Deepa Anirudhan

Aim: Ensure 100% screening of new-borns in Kerala for congenital hypothyroidism. CH module presentation planned in all IAP branches.

#### **Short Stature- Early Detection**

State Chairperson - Dr Reetha Gopinath

The launch of PAP is being planned, will be done on a convenient date soon.

#### **School Health**

#### State Chairperson - Dr T P Ashraf

Planning on school health promotion is underway. A team meeting with coordinators is being planned

## E

#### Equality

#### **Equality in Gender**

#### State Chairperson - Dr Nisha Narendran

Module for dissemination and training of primary school teachers presented to Education Minister, Training of primary school teacher nodal persons will be facilitated by Education Dept as promised by Minister. Introduction on a complete chapter on gender equality concepts in the curriculum, at least in primary grades requested from part of IAP Kerala, GE PAP team, along with gender audit of existing chapters being planned already by the curriculum committee, SCERT. 22.



#### Empowering Health, Wealth & Knowledge.

#### State Chairperson - Dr M Narayanan

Hope all of you were very busy with your practice during the last few months. You may be looking for some guidance for investing your fortunes. It is the right time for branches to conduct sessions on Health Wealth and Knowledge.

#### **Continuing Action Plans from 2021**

#### **Empowering General Practitioners**

#### State Chairperson - Dr Bennet Xylem

Conducting regular program of GP empowerment in all the districts.

IAP Trivandrum in association with KGMOA Trivandrum is conducting Thursday CME series, which is useful for the general practitioners.

#### **Research Methodology**

State Chairperson - Dr Priya Sreenivasan

Text book on research methodology released

#### **Organisational Strengthening & Development**

State ChairPerson - Dr Abhiram Chandran

Request branch OB and members belonging to medical colleges to be proactive in mobilizing new members.

#### **Review of Infant Death Audit Program**

State Chairperson – Dr Sachidananda Kamath.

Infant death audits are being regular in Palakkad, Thrissur, Kannur & Malappuram districts. Other districts to follow the track sooner.

#### **Rational Antibiotic Therapy in office practice**

#### State Chairperson – Dr Sivaprasad

District level review of antimicrobial awareness program to 15 sub-district level hospitals in Ernakulam conducted, with special emphasis on early identification of neonatal sepsis and setting up of antibiogram.



#### **Early Detection of Primary Immune deficiencies**

#### State Chairperson – Dr Geetha M G

Will continue efforts to enhance awareness regarding inborn errors of immunity among pediatricians.

#### Hearing Friendly Kerala

#### State Chair Person – Dr Abraham K Paul

Team efforts going on in getting the data on hearing screening from private sector too streamlined.

#### Awareness of Child Rights-

#### State Chairperson – Dr Ashok Kumar

This year also, we have to plan Child Rights week program by branches.

Child rights day os 20th, November.

Theme for World Children's Day 2022 is equality and inclusion for every child. Silver Jubilee National Conference of ICANCL, 12 & 13 November, 2022, at PGI, Chandigarh. All are welcome.



## IAP KERALA STATE ELECTION 2022

Nomination papers from the following members were received till the stipulated time and on scrutiny, all of them were found to be in order. None of the candidates has withdrawn their nomination.

The final list of Candidates is given below:

- State President Elect 2023 : Dr. Shimmy Poulose
- State Vice President Elect 2023:
   Dr. Prasanth Pavithran
- 3. State Secretary 2023 & 2024:

#### Dr. Krishna Mohan R

- State Treasurer 2023 & 2024:
   Dr. Ranjith P.
- State Joint Secretary 2023 & 2024:
   Dr. Gopi Mohan R.

Dr. P. Ashok Kumar	Dr Jayakumar, P.R.	Dr. Shaji Thomas
John		
Chief Election Commissioner	Election Commissioner	Election
Commissioner		



## Nutrition week

NUTRITION WEEK SEPTEMBER 1-7<sup>TH</sup> 2022

## NORTH ZONE

#### IAP KANHANGAD

#### Program 1



IAP Kanhangad observed nutrition week at Ennapara phc on 5th September 2022. Medical officer Dr Fathima C took an awareness class on nutrition in children and adults separately to the phc staffs.



They conducted "celebrating lunch box" campaign among the staffs according to this year's nutrition week theme and the staff who brought the best nutritious lunch was selected and given a prize.

The programme was well accepted by the staff members and Dr Fathima's class was very well appreciated by all.

#### Program 2



IAP Kanhangad observed nutrition week at Karindalam family health centre on 5<sup>th</sup> Sept 2022. Medical officer Dr. Jisha inaugurated the programme and conducted



an awareness class on the importance of childhood nutrition.



The class was attended by the FHC field staffs and staffs nurses. It was a well interactive session and appreciated by all.

#### **Program 3**



IAP Kanhangad observed nutrition week at Taluk hospital, Trikaripur on 7th September 2022. Dr Bipin, Pediatrician, TH, Trikaripur, took awareness class on the importance of childhood nutrition to parents and bystanders. He covers all aspects of nutrition from new-born periods to adolescent age group.

It was a very informative session and was well appreciated by all.



IAP KANNUR







Program 1 Aster Mims Kannur 30/09/2022



IAP KANNUR along with Aster Mims Kannur conducted a program as part of Nutrition week. Dr MK Nandakumar, CIAP EB member and HOD Paediatrics and Neonatology Aster Mims Kannur inaugurated the program. He spoke about developing healthy eating habits and regular physical activities.



The importance of nutrition in reducing the rate of malnutrition and anaemia, and improving the health of children, adolescents, pregnant and lactating women were emphasised in his address.

Mrs Soorya, Dietician Aster Mims Kannur took awareness class for children and parents regarding different healthy preparations and nutritious choice of flavors. Dr Veenakumari Consultant, Dept of Paediatrics and Neonatology, and Dr



Arjun Consultant endocrinologist Aster Mims Kannur also spoke on the occasion.



#### **Program 2**

Food Expo, 30/09/2022 Aster Mims Kannur

As part of National Nutrition week, IAP Kannur along with Aster Mims Kannur conducted a food expo. Healthy and delicious food items of a variety of flavors were exhibited.

The food expo highlighted the theme for Nutrition week2022 "Celebrate a world of Flavors" and explained how we can encourage people to have a healthy lifestyle by enjoying different flavors of food. The program was attended by around 50 people including parents of children in OPD. SOUTH ZONE IAP KOTTAYAM



Introduction of National Nutrition Week theme by Dr Nisha V Krishnan, Asst professor ICH Kottayam. Key note address by Dr Jayaprakash K P, Superintendent ICH Kottayam. Awareness session on nutrition was given to caretakers by MSc interns Athira and Keerthi.







National nutrition week 2022 observance in ICH Kottayam OPD IAP ALAPPUZHA

# Ente Radio 91.2 FM ( 24/09/22 2 PM - 4PM 91.2 CANDAR 2007 Ask your Doctor Roward warder and the second of a percent and the second of the seco

#### IAP THIRUVANANTHAPURAM

Program 1

September (1-7)

IAP Thiruvananthapuram

Was conducted at NIMS medicity. Awareness session on nutritious diet for kids was conducted by Dr Nisha and dietician Mrs Aswathy. Nutritious dhal carrot payasam was served for children.



National nutrition week celebration y Was conducted at NIMC medicity. Awareness assessor on multitious diet for kids was conducted by Dr Hisha and decision Mrs Aswerby. Nutritious that control assessment was seen for which we

#### Program 2

National nutrition week celebrations.

#### September (1-7)

Nutrition week program, Thqh Parassala in association with Saraswathy college of nursing, Roleplay by students regarding junk food and importance of healthy diet was taken, program coordinated by Dr Suni.



Mutation week program, Topi: Parassala in association with Saraswathy cullege of maning, Roleplay by students regarding junk food and impurtance of healthy dist with taken, sungram coordinated fas for Sana.



### Rational Antibiotic use day & Antibiotic awareness week

RATIONAL ANTIBIOTIC DAY & ANTIBIOTIC AWARENESS WEEK NORTH ZONE IAP KANHANGAD





IAP Kanhangad conducted monthly CME on rational antibiotic use in office practice on 2609/2022 at IMA house Kanhangad.



Dr Abhilash V, president IAP Kanhangad presided the function and highlighted the present scenario of antibiotics misuse and the about the dreadful outcome in the coming years. Dr TV Padmanabhan, IMA president and former IAP state vice president introduced the speaker.

Dr Reetha G, professor and Pediatric endocrinologist of GMC Kannur was the speaker. She took a very interesting and informative presentation on rational use of antibiotics and threw light on the misuse and overuse of antibiotics in the daily practice knowingly and unknowingly.

A discussion was kept at the end of the session.

Dr Vinod Kumar P, IMA secretary felicitated the gathering.

She read out the oath to the audience and the whole audience solemnly promised to the antibiotics judiciously use and responsibly. Dr Т Κ Nandakumar, Pediatric surgeon presented memento to Dr Reetha G. Dr Rajeesha C H proposed vote of thanks. CME was followed by dinner.

#### IAP WAYANAD





Dr. Vijayan A, President IAP Wayanad took antimicrobial awareness class for staff on 26<sup>th</sup> September 2022 at IQRAA hospital, Sulthan Bathery as a part of Antimicrobial Awareness week and Rational antibiotic day.

#### IAP THALASSERY



As part of Antibiotic Awareness week observation, an awareness class on judicious use of Antibiotics as well as misuse of Antibiotics was taken by Dr. Johnny Sebastian, Secretary, IAP Kerala to the nursing students of Cooperative nursing college at CHC Pinarayi.

#### MID ZONE

#### IAP THRISSUR

RATIONAL ANTIBIOTIC USE DAY – GMC, TSR PG ACADEMICS, 27/9/22 Antibiotic stewardship Time-1 pm

Chaired by- Dr Lathika Nayar, Addl Prof, GMC TSR.

#### Presenter - Dr Bintu, Dr Suri Babu



Antibiotic Awareness Week Observance, GMC, TSR 28.09.2022, 12:30pm. Venue - Pediatrics Lecture Hall Welcome address - Dr Janaki Menon, Prof, Pediatrics Keynote address - Dr Cyril, HoD Pediatrics Felicitations: HoD Pharmacology, HoD Microbiology Talk on: Why the antibiotics fail? By Dr AnandaKesavan T M, Addl Prof of Pediatrics, GMC, TSR. Vote of thanks - Dr Sreejith Kumar KC









## SOUTH ZONE IAP KOTTAYAM

IAP Kottayam in collaboration with KGMOA Kottayam conducted an online session for practising pediatricians and general practitioners on Antimicrobial Resistance Program as part of



The session started with welcome address by IAP Kottayam President Dr Joseph Pattani and key note address by KGMOA President Dr Sabarinath Damodaran.

Dr Sivaprasad P S State Nodal Officer AMR Program Hub and spoke model took an elaborate session on how the program was implemented in Ernakulam and how other districts can go ahead with the implementation of this program.





Vote of thanks was given by IAP Kottayam treasurer Dr Sahla T K and Secretary Dr Preeja S anchored the session. IAP Kottayam joint secretary Dr Manu M managed the online platform. The session was well appreciated by the participants.

#### IAP ALAPPUZHA

Awareness class at DMO office, Alappuzha

As a part of Antibiotic awareness observation, Dr. Sreeprasad T G, AAP President and Consultant Paediatrician at District Hospital, Mavelikkara took an awareness class to the medical officers under DHS on 29th September 2022 at DMO (H) office Alappuzha. He emphasized on the importance of rational use of antibiotics in general practice and how to combat emerging drug resistance in organisms. The program was well attended by around 30 people and their queries were answered.



#### IAP THIRUVANANTHAPURAM



Antimicrobial awareness week

Dr Praveen KS in NDTV on worsening antibiotic misuse in India. 27-9-2022





## IAP KERALA: NORTH ZONE

- IAP Kasaragod
- IAP Kanhangad
- IAP Kannur
- IAP Pariyaram
- IAP Wayanad
- IAP Kozhikode
- IAP Thalassery
- IAP Vadakara



## IAP KASARAGOD

## IAP KASARAGOD

#### **Office Bearers**

President - Dr Preema KB Secretary - Dr Haris V Treasurer- Dr Gopalakrishna



IAP Kasaragod in association with IMA Kasaragod, RKSK Kasaragod, staff council GH Kasaragod celebrated national nutrition week in grant manner, Dr Preema. K.B junior consultant Paediatrics GH Kasaragod, president IAP Kasaragod welcomed the gathering, program was inaugurated by Dr Rajaram Supt GH Kasaragod, Dr. Narayana Naik Senior consultant paediatrics, vice president IAP Kerala, Dr Jamal Ahamed deputy Supt GH Kasaragod, Dr Krishna Naik consultant Pratheesh RKSK GH Kasaragod, councillor, Udaif , Sruthy dietitians felicitated the occasion. We conducted cheera, and papaya fest, asha workers and team RBSK participated and prepared 140

dishes, it was a grant feast, prizes were distributed to each participant by IAP president, program was appreciated by all.



School health check-up at Nullipady UP School.





29/9/2022 IMA Kasaragod ELS Training to Students of Malikdinar Nursing College Total participants 36 Faculty Dr B Narayana Naik Dr Krishna Naik Dr Anoop Inauguration by Dr Jamal Ahamed Dy Supt GH Kasaragod COLS Certificates issued to participants



IAP Kasaragod in association with IMA Kasaragod, GH Kasaragod, malik dinar school of nursing Kasaragod celebrated antimicrobial awareness week in grant manner. Following program s were conducted

Programme

- 1. flash mob
- 2. public awareness class
- 3. poster making competition
- 4. essay writing competition
- 5. rally
- 6. class. Antimicrobial resistance

#### It was well appreciated by all



Rational Antibiotic Day program: Awareness class for Nursing Students on Antimicrobial Resistance at General Hospital, Kasaragod.



Dr B Narayana Naik, IAP Kerala Vice President and Senior Consultant Paediatrician GH Kasaragod presided the programme. Dr Sooryagayathri V.S., Junior Consultant, Paediatrics took an awareness class for students regarding antimicrobial resistance, and also



highlighted the importance of its prevention.



The theme of preventing antimicrobial resistance together was conveyed. Dr Jamal Ahamed, Deputy Superintendent and Dr Krishna Naik Consultant Physician felicitated the gathering. Mrs. Shelji tutor John School delivered vote of thanks. Around 50 students attended the class.



IMA Kasaragod World heart day 29/9/22 Conducted walkathon and ELS Training at GH Kasaragod in Association with IAP Kasaragod and Staff council Kasaragod Sri NA Nellikunnu Hon MLA Kasaragod Did Flag off of walkathon. Dr Rajaram Supt GH Kasaragod,



Dr B Narayana Naik Senior Consultant Paediatrician GH Kasaragod President IMA Kasaragod Vice President IAP Kerala, Dr Khasim T Secretary IMA Kasaragod, Dr Jamal Ahamed Dy Supt GH Kasaragod, Dr Krishna Naik Consultant Physician GH Kasaragod President Staff council Kasaragod,



Dr Preema KB President IAP Kasaragod Dr Janardhana Naik, Srijith JHI, Smt Mary Nursing Supt, Malikdinar nursing Students Participated in the programme. ELS training given and Certificates issued.



## IAP KANHANGAD

## IAP KANHANGAD

**REPORTS-SEPTEMBER 2022** 

- President Dr Abhilash V
- Secretary Dr Rajeesha C H
- Treasurer Dr Praveen K Arora

#### Programme 1



IAP Kanhangad conducted an awareness class on first aid in children at The Guardian English School, Periya on 21/09/22.

Mrs Vincy shony, academic director of TGES welcomed the gathering. IAP Kanhangad secretary Dr Rajeesha CH took a class on how to handle sick children in the school and the warning signs of medical emergencies to the care taker staffs and the drivers of the school.

Scenarios were given at the end of the class and was well attended by the staffs.

First aid box was inspected and recommended to add few items. School sick room was visited which was really impressive. School principal Dr Gargi Gosh presented memento to Dr Rajeesha CH. Mr Peter Lukose, school facilities director proposed vote of thanks.

Programme 2 WORLD HEART DAY PREVENTION OF LIFESTYLE DISEASES PROGRAMME NO 6



IAP Kanhangad conducted a walkathon on World heart day (29/09/22) in association with staff council of district hospital, IMA Kanhangad, KGMOA Kasargod, NGO union, KGNA and KGSNA.



Walkathon was inaugurated by Dr TV Padmanabhan, former IAP state vice president. Dr Abhilash V, president IAP Kanhangad spoke on the importance of



initiation of life style modifications from adolescent period only.

Dr Chandramohan, deputy medical superintendent of district hospital, Kanhangad and Dr Sreejith Mohan, CMO, District Hospital Felicitated. Walkathon was started from new Bus stand entrance and ended at district hospital Kanhangad. Doctors, nursing staffs, nursing students and health workers actively participated.

#### Programme 3:-

Presidential action plan

Prevention of lifestyle diseases programme no 7



IAP Kanhangad conducted awareness class on prevention of life style diseases to the parents of high school students of Hosdurg higher secondary school on 30/09/2022. School principal Mr Suresh Babu welcomed the gathering and introduced the speaker. Dr T V Padmanabhan, former State IAP vice president took a very detailed session about the importance of adolescent and childhood nutrition and fitness which would lead to a healthy adult community which is free of life style diseases. Around 100 parents attended the programme and was well appreciated by all. Mr Rajan K, high school teacher proposed vote of thanks.

#### PUBLICATION



An article by Dr Abhilash V, President IAP Kanhangad regarding the increasing viral fever cases in Kasargod district especially among Pediatric population was published in Malayalam Manorama Kasargod edition on 24th September 2022



## IAP KANNUR

## IAP KANNUR

## **Office Bearers**

President	: DR AJIT MENON V		
Secretary	: DR MRIDULA M P		
Treasurer	: DR ARUN ABHILASH		
<u>Membership Strength</u>			
Total	87		
Life	85		
Associate	2		



IAP Kannur GB and CME 15/09/2022, 8pm Hotel Malabar Residency

Dr Ajit Menon president IAP Kannur chaired the meeting and welcomed the audience. Minutes of last GB was passed by the members. The GB honored senior Paediatrician of IAP Kannur Dr K T Balachandran for his wonderful performance in the hit Malayalam movie "nna thaan case kodu". Dr P P Raveendran honorned him with a Ponnada, and Dr M K Nandakumar , CIAP EB member presented a boquet of flowers. The work of Dr Balachandran in the movie was well appreciated by all.



After retiring from Health Services, how he succeeded in following his dreams is an excellent example to follow.

The brochure of Pulmocon Kerala 2022 was released by the organising Chairperson Dr Padmanabha Shenoy by handing over the copy to Dr Ajit Menon. Dr Shenoy requested whole hearted



participation and support from all the members.

Dr Ajit Menon appreciated all the members for actively doing programs in association with World breastfeeding week. He congratulated the team of BNRP lead by Dr Rajeevan KC and co-ordinated by Dr Arun Abhilash. Plans for more of BNRP were discussed.

Dr Santosh M K past President IAP Kerala and organising Chairperson Tele criticon addressed the audience and urged participation for the Tele Criticon.

GB was followed by a CME.

Dr Mridula Shankar Secretary IAP Kannur proposed vote of thanks. Meeting was attended by 30 members. Adjourned for dinner by 9.30 pm



IAP KANNUR CME 15/09/2022 8.30pm Hotel Malabar Residency Topic - **Recent updates in Neonatal** Jaundice



Speaker - **Dr Gokuldas P K**, Consultant Neonatologist Aster Mims Kannur The Pavised elipical practice guidelines in

The Revised clinical practice guidelines in the management of Hyperbilirubinemia in Newborns by American Academy of Paediatrics were elaborated by the speaker. During the interactive sessions, common scenarios in day to day practice were discussed and doubts were cleared. Dr Padmanabha Shenoy presented a memento to the speaker. CME was attended by 30 members.





17 &18 Sep2022-IAP Kerala Family meet and Executive Body Meeting

EB members from IAP Kannur actively participated in the family get together and various entertainment programs. IAP state EB meeting also was attended.





EMCARES workshop 24/09/2022

BMH Gymcare Hospital Kannur

Dr M K Nandakumar HOD Paediatrics Aster Mims Kannur, CIAP EB member, as faculty in EMCARES workshop for Doctors, Organised by IAP Kerala and Critical care chapter. He took an informative session on Seizures - Initial Treatment and Stabilization, an important and relevant topic in day to day practice. It was attended by around 30 pediatricians.





### IAP KANNUR/ IAP KOZHIKODE

EMCARES Workshop-24/09/2022 BMH Gymcare Hospital Kannur Dr Sharath Babu M V. Consultant Paediatric Intensivist. Sreech and Speciality Hospital Kannur, as instructor Pediatric Critical care Nursing in Workshop as part of Tely Criticon, the annual state conference of Critical care chapter of IAP Kerala.

He took a session on Oxygen therapy and High flow nasal cannula and also hands on session on Oxygen therapy - delivery devices. Attended by 50 nursing officers.



# EMCARES Workshop 24/09/2022

Dr Shamim Akhtar, Consultant Paediatric Intensivist, Aster Mims Kannur, as instructor in Pediatric Critical care Nursing Workshop as part of Tely Criticon, the annual state conference of Critical care chapter of IAP Kerala.

He took a session on Infection control and care bundles in PICU and also hands on session in Ventilator Station. Attended by 50 nursing officers.

### IAP KOZHIKODE

#### RELEASE OF

## \*PEDIATRIC COMPANION IN THE REVISED FORMAT PUBLISHED BY WOLTERS KLUWER\*

#### By

Past National President Dr S S Kamath at EB Meeting Kumarakam. Congratulations State President Vijayakumar sir & Chief Editor Dr Vishnu Mohan, IAPKozhikode.



THE COLLEGE ROUND OF 35<sup>TH</sup> IAP UNDERGRADUATE QUIZ CONDUCTED AT GOVERNMENT MEDICAL COLLEGE KOZHIKODE ON 22/9/2022

IAP Kerala state President Dr M Vijayakumar inaugurated the program.



The four teams who were qualified in the preliminary rounds participated in the quiz.

Team A (Krishna Priya P, Mohammed Faseel), Team B (Aisha Rinu, Saniya George), Team C (Niranjana V K, Gitanjali R), Team D (Maneesh S, Femina M)

The quiz coordinator, Dr Sindhu, Vice President of IAP Kozhikode and quiz master was Dr Priya S, Assistant Professor Department of Paediatrics.

Team A were the winners and the Team D were the runner ups. Dr Ajithkumar V T, Prof and HOD Pediatrics distributed the prizes to the winners. The program was attended by faculty, residents and students of the department and IAP members.



DR ABDUL RAUF, IAP KOZHIKODE SPEAKING ON TOPIC "ELECTROLYTE IMBALANCES IN

### CHILDREN- A SIMPLIFIED APPROACH" AT TELY CRITICON, ANNUAL CONFERENCE OFIAP INTENSIVE CARE CHAPTER.



WORLD HEART DAY

Dr Ranjith P, IAP Kozhikode taking Awareness Class on Cardiac care, Life Style & Exercise to Staff & Nursing Students at CHC Panamaram on 29/09/2022. Dr Sheeja V R medical officer in charge gave the message. It was followed by a Zumba session.





### IAP KOZHIKODE/ IAP THALASSERY

A CME ON SPINALMUSCULAR ATROPHY WAS CONDUCTED BY ASTER KOZHIKODE IN ASSOCIATION WITH IAP KOZHIKODE ,CURESMAAOPN KERALA CHAPTER ON 18 TH SEPTEMBER AT TRPENTATA, KOZHIKODE.

The CME Programme was inaugurated by Mr. Sreehari State Nodal Health Officer, Directorate of Health services, Dr. James Jose, Prof and HOD Department of Neurology, Medical College Kozhikode. National faculties: Dr. Ann Mathew, Consultant Pediatric Neurologist, Neuromuscular specialist, Bangalore Dr. Ramesh Konan K I, Pediatric Neurologist, Rainbow Children Hospital, Hyderabad Dr. Ilin Kinimi, Pediatric Pulmonologist, Manipal Hospital, Bangalore. International Sithara faculty: Dr. Ramdas. Lead Consultant Pediatric, Oxford, UK.



Programme was conducted for doctors and physiotherapists on various aspects in the management of SMA. CME was Well Attended by 50+delegates.

### IAP THALASSERY

#### **Office Bearers**

President : Dr. Sakkariya P P Secretary : Dr. Shyam K Treasurer : Dr. Maya K **Membership Strength** Total :- 27

Life	:-	27

Associate :- Nil

#### WORLD RABIES DAY



As a part of World Rabies Day, a pledge and awareness talk was organised at CHC Pinarayi. The programme was inaugurated by Dr. Veena Manoj, Civil Surgeon, CHC Pinarayi. The speech was given by Dr. Johnny Sebastian, Secretary, IAP Kerala. The pledge was taken under the leadership



of Nursing Superintendent Mrs. Praseetha. The programme was attended by Nursing students of Cooperative College of Nursing and the staff at CHC Pinarayi.



Dr Johnny Sebastian, State Secretary IAP Kerala; chairing a session on Artificial Intelligence by Dr Shyjus and Dr Rahul I at Pericon, Wayanad.

#### **TELY CRITICON 2022**

This year's Annual State Conference of Intensive Care Chapter, IAP Kerala was hosted by IAP Thalassery — TELY-CRITICON 2022. It was a two day conference with a workshop held on 24th of September 2022 at BMH-GIMCARE Hospital, Kannur. Welcome address was by Dr. M K Santosh, Past President, IAP Kerala. The full day workshop was inaugurated by Dr. Vineeth Abraham, Director, BMH, Kozhikode by lighting the lamp. Felicitation speeches were given by Dr. Nandhakumar, National IAP EB Member, Dr. Sakkariya P P, President, IAP Thalassery, Dr. Sheeja Sugunan, President, Intensive Care Chapter, IAP Kerala and Dr. Abdul Rauf K K, Paediatric Intensivist, BMH, Kozhikode. Vote of Thanks was by Dr. Shyam K, Secretary, IAP Kerala.



The workshop was organised separately for both doctors & nurses. The doctors workshop was attended by 30 participants on Emergency Care Strengthening in Peripheral Hospitals [EMCARES]. The classes & workshops were taken by Dr. Sheeja Sugunan, Dr. M P Jayakrishnan, Dr. Dipu. K, Dr. Nandhakumar & Dr. Satish Kumar.

Separate workshop held for nurses [Paediatric Critical Care Workshop] was attended by 60 participants. It was handled by Dr. Abdul Rauf, Dr. Prasanth Dev, Dr.



Shamim Akther, Dr. Sharath & Ms. Liji Tins. The programme was well appreciated by all.



There was a full day conference on 25th September 2022 at Hotel Navaratna Inn, Thalassery as a part of Tely-Criticon 2022. The welcome address was given by Dr. M K Santosh, Past President, IAP Kerala. The presidential address was given by Dr. Sheeja Sugunan, President, Intensive Care Chapter, IAP Kerala. The conference was inaugurated by Dr. Johnny Sebastian, State IAP Kerala. Felicitation Secretary, speeches were given by Dr. Sakkariya P P, President, IAP Thalassery, Dr. Mini Balakrishnan, President, IMA Thalassery, Dr. Dipu K, Secretary, Intensive Care Chapter, IAP Kerala. Vote of Thanks was by DR. Jayagopal P P. It was followed by 11 academic sessions and was attended by 50 participants.





# IAP KERALA: MID ZONE

- IAP Palakkad
- IAP Malanad
- IAP Idukki
- IAP Kodungalloor
- IAP Thrissur
- IAP Valluvanad
- IAP Malappuram



### IAP MALANAD/IAP KODUNGALLOOR / IAP THRISSUR

### IAP MALANAD

#### Activity 1



IAP Malanad Executive meeting conducted on 1<sup>st</sup> September 2022 at 8:30 pm. Zoom platform. Major Decision made Venue of ECD workshop Decision regarding antibiotics workshop. 8 members attended the meeting

#### Activity 2

Dr Rehna reviewed two articles in two indexed journals this month JCDR (Journal of Clinical and Diagnostic Research) and IJAMHR, the official journal of JIPMER

#### IAP KODUNGALLOOR

### AUGUST, SEPTEMBER IAP KODUNGALLUR

1. 2 August 4<sup>th</sup> 2022:

Conducted CME on Atopic Dermatitistalk by Dr.Muraliraj.N, Craft Hospital, Kodungallur

### 2. August 20<sup>th</sup> 2022:

Conducted CME on Role of ICS in Asthma, Speaker-Dr.Muraliraj.N, Craft Hopital, Kodungallur

#### 3. 21<sup>st</sup> September:

Panel discussion on Jaundice in early stage of life and early days of Preterm management

Moderator - Muraliraj N, Neonatologist, Craft Hospital, Panelists - Dr. Ajit. M .S, Pediatrician, Modern Hospital, Dr. Shaji Jacob, Pediatrician, Cooperative Hospital, Irinjalakuda, Dr. Abdul Majeed, Pediatrician, Craft Hospital

### IAP THRISSUR

### WORLD BREAST FEEDING WEEK OBSERVANCE IAP THRISSUR

**"STEP UP BREAST FEEDING EDUCATE AND SUPPORT"** LACTATION COUNSELLING TRAINING FOR NURSES





Inaugurated by Prof Anandakesavan, Trainers- Dr Janaki Menon, Dr Parvathy Mohan, Dr Ajitha N, Dr TP Jayaraman, Dr Newton. IAP Secretary Dr Pavan Felicitated. 50 staff nurses from Trissur Palakkad and Malappuram attended.



CDS Puzhakkal Block. Breast feeding awareness Session by Dr Pavan



Breastfeeding week observation at GMC Thrissur. Presented by Dr. Bintu and Dr. Anumol. Chaired by Dr. Ananda Kesavan

T M, Addl Professor, Paediatrics GMC Thrissur



There was presentation by Anu John on indicators of Breast Feeding.



Role play on KMC by JRs at GMC





PGs Quiz Sesssion as part of BFW. At GMC



BFW AT JMMC THRISSUR, awareness class for patients. Dr Rati Santhakumar presided the event, Dr Snjeev Kumar felicitated and Dr Sarath gave a detailed talk.



BFW TALK BY Dr APARNA NAMBOODIRIPADU At ICDS WADAKKANCHERY FOLLOWED By A MEDICAL CONSULTATION SESSION.





BFW AT DAYA HOSPITAL BY DR RAKHEESH PRESIDENT IAP THRISSUR





Breast feeding awareness sessions by Dr Dhanya Sreejith, Nipple issues n correction by Dr Bindhu (Gynaec) doubt clearance session by Dr Suresh-conducted in association with IMA, Inner wheel, TOGS at Unity Hospital, KKM Medical & camp awareness session on breastfeeding & pediatric nutrition for Chowannur-Puthussery Anganwadi.



Breast feeding promotion class at mother hospital - Dr Devi Gaved a class with videos in the ped op section.



Bfw webinar by Dr V K Parvathy



BFW webinar by Dr Nithya T, Asst Prof, GMC, Ernakulam.



Dr Sonia Joseph took a Breastfeeding session for Chalakudy ICDS at 12-1pm, 04/08/2022. 100 attended.





Awareness class & Poster presentation for public held at Royal Hospital in connection World Breast Feeding Week.



Breast feeding week observace at west fort hospital and school of nursing



ID CAMP AT THRISSUR ORGANISED BY ICDS AND ATTENDED BY Dr Pavan.

About 200 Children were benefitted over 4 days camp at Thrissur

ID CAMP - URC THRISSUR ( 21/07/2022 )



സമഗ്ര ശിക്ഷ കേരള , തൃശ്ശൂർ അർബൻ റിസോഴ്സ് സെന്ററിന്റെ നേതൃത്വത്തിൽ കോർപ്പറേഷൻ പരിധിയിലെ വിവിധ വിദ്യാലയങ്ങളിൽ പഠിക്കുന്ന Intellectual Disability (I D

വിദ്യാലയങ്ങളിൽ പഠിക്കുന്ന Intellectual Disability (I D ) വിഭാഗത്തിൽപ്പെടുന്ന വിദ്യാർത്ഥികൾക്കായി 2022 ജൂലൈ 21 വ്യാഴാഴ്ച രാവിലെ 9.30 മുതൽ വൈദ്യ പരിശോധന ക്യാമ്പ് അർബൻ റിസോഴ്സ് സെന്ററിൽ വെച്ച് സംഘടിപ്പിക്കുകയുണ്ടായി. ചാലക്കുടി താലൂക്ക് ഹോസ്പിറ്റലിലെ ക്ലിനിക്കൽ സൈക്കോളജിസ്റ്റ് ഡോക്ടർ ജോർജ്. എ. ജി, തൃശ്യൂർ ജനറൽ ഹോസ്പിറ്റലിലെ പീഡിയാട്രീഷൻ ഡോക്ടർ പവൻ മധുസൂദനൻ എന്നിവർ ക്യാമ്പിന് നേതൃത്വം നൽകി. 37 വിദ്യാർത്ഥികൾ ക്യാമ്പിൽ പങ്കെടുത്തു. 25 കുട്ടികൾ സർട്ടിഫിക്കറ്റിന് അർഹരായി. 11 കുട്ടികളെ ഡീറ്റൈൽഡ് അസ്റ്റസ്സ് മെന്റിന് റെഫർ ചെയ്തു റെമഡിയൽ ടീപ്പിംഗ്, തൊറപ്പി സേവനങ്ങൾ എന്നിവർക്ക് മൈകടിയെ നിർദേശിപ്പം UBC തിലെ കലാവതാടെയും ഒരുകൂട്ടിയെ നിർദ്ദേശിച്ചു...URC യിലെ എല്ലാവരുടെയും സഹകരണത്താൽ 4.30 PM ന് വൈദ്യപരിശോധന ക്യാമ്പ് പൂർത്തീകരിക്കാൻ സാധിച്ചു....



IAP Thrissur and Rotary club of Trichur Central gave away 1000 bi-cycles in Thrissur Dist. to needy children as part of Sahayatra Programme of Rotary International Myself in name of IAP Thrissur contributed to Rotary club for same ie bicycle to deserving financially backward children on 20 August at Thekkinkad at a Public function inaugurated by Hon Revenue minister Mr Rajan and Rotary President and members and deserving students with parents were present at function.



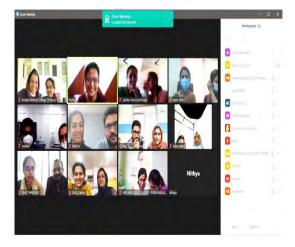
ECDN WORK SHOP THRISSUR AT DASS CONTINENTAL HOTEL THRISSUR



Attended by 40 delegates. Inaugurated by Dr Ananda Kesavan. Faculties Dr Balachandran, Dr Nimmy, Dr Jeeson Unni, Dr Pavan Madhusudan.



IAP PGQUIZ CALICUT DIVISIONAL ROUNDS PRELIMS was conducted online on zoom platform. Ten colleges participated. Dr Nisha Narendran was the quiz master and Dr Nithya helped with timing and scoring.



The five teams getting into the finals were GMC Kozhikode, GMC Thrissur, MES Perinthalmanna, Aster MIMS Kozhikode and Mother Hospital, Thrissur.





It was a classy performance by all the teams in finals 1<sup>st</sup> - GMC Kozhikode 2<sup>nd</sup> - GMC Thrissur IAP Thrissur. President - Dr Rakheesh P Secretary - Dr Pavan Madhusudan Divisional Coordinator Dr Nisha Narendran Quiz master - Dr Nithya T Timer – Dr Archana, SR, Pediatrics, GMC TSR Scorer – Dr Hemanth, JR, GMC TSR Photography - Dr Abdul Basith, JR, **GMCTSR** Anchor – Dr Amrutha Narayanan, JR, GMC TSR. NTEP Training Programme organised by Dist. TB Centre, GMC Thrissur and IAP Thrissur. Talk by Dr Sanjeev Nair, STF Chairperson Kerala, LTBI Working group chairperson Kerala, Assoc Prof, Dept of Pulmonary Medicine, GMC TSR.









Antibiotic Awareness Week Observance, GMC, TSR 28.09.2022, 12:30pm Venue - Pediatrics Lecture Hall Welcome address - Dr Janaki Meno, Prof, Pediatrics address - Dr Cyril, HoD Keynote Pediatrics Felicitations: Dr Sujatha, HoD Pharmacology. Talk on: Why the antibiotics fail? By Dr AnandaKesavan T M, Addl Prof of Pediatrics, GMC, TSR.







DAD WORKSHOP AT HOTEL DASS CONTINENTAL, Attended by 40 delegates, Faculties were Dr Newton, Dr Nisha Narendran, Dr Krishna Mohan and Dr Aparna Namboodiripadu Approach to an Allergic Child Dr Krishna Mohan



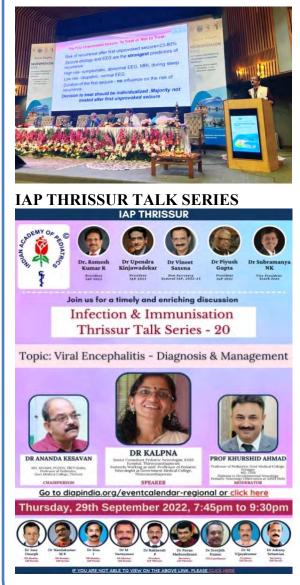
Drug Allergies- Do's and Dont's Dr Newton Luiz

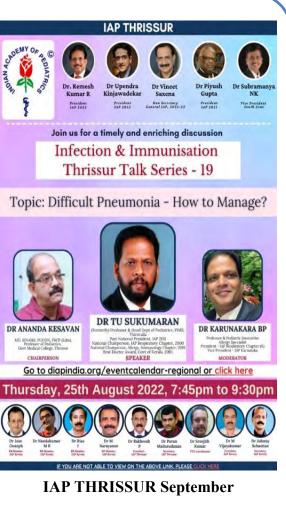
Respiratory Allergy- When to test & how to choose allergy tests Dr Nisha

Allergic Skin Diseases:Practical Aspects Dr Krishna Mohan

Primary Immunodeficiencies- When to think for & how do we approach Dr Aparna Gulwadi.

### Talk by Dr Anadakesavan at Srinagar Neuropedicon





# MONTHLY MEET AND CLINICAL CASE PRESENTATIONS BY PGS FROM AMALA JMMC AND GMC TSR.



### IAP VALLUVANAD

### IAP VALLUVANAD

#### Monthly report of September 2022 -

#### Valluvanad Branch

The \*Fourth monthly GB cum CME function of Valluvanad IAP\* branch on 22-9-2022 at Samudra Regency, Shoranur. Dr. Sajeev Kumar, President IAP Valluvanad welcomed the gathering & Dr Mahesh presented the monthly report of branch activities conducted in August which was followed by the academic session.

Academic session for the day was "Morbidity of Late Preterm Babies" by Dr A. K. Jayachandran, Chief consultant Neonatologist, Neobless Perintalmanna. The session was well appreciated by the gathering and was evident from the interactive session we had after the talk. Dr. Mahesh, Secretary IAP Valluvanad proposed the vote of thanks.





# IAP KERALA: SOUTH ZONE

- IAP Kollam
- IAP Pathanamthitta
- IAP Alleppey
- IAP Kottayam
- IAP Cochin
- IAP Madhya Kerala
- IAP Thiruvananthapuram



### IAP ALAPPUZHA

### IAP ALAPPUZHA

#### **Office bearers**

President	: Dr. Sreeprasad. T. G
Secretary	: Dr. Ansha. A. S
Treasurer	: Dr. Mohammed. A. P
Membershi	p strength
Total	- 117

Life - 112

Associate - 5

#### **MONTHLY GB/CME**



Monthly GB/CME was held on 4th September 2022 at Hotel Royal Park, Alappuzha. The meeting was inaugurated by Dr. Jose. O, IAP President Elect 2022. Dr. Anil Vincent, Past AAP President gave the welcome speech and Dr. Sreeprasad T President G. AAP delivered the presidential address. Dr. C. Jayakumar, Professor & HOD Paediatrics, AIIMS Kochi delivered the talk on "A Step Ahead the Management of Paediatric in Infections". Senior AAP member, Dr.

Kailas Chandrabhanu presented the momenta to the speaker. Dr. Sangeetha Joseph and Dr. Lakshmi Raj gave a brief overview about the IDCON to be held at Alappuzha in next month. Vote of thanks delivered by Dr. Ansha. A. S, AAP Secretary.

The session was followed by discussions regarding the IDCON 2022, planned for October 16<sup>th</sup>. Committees were finalised and the topic distribution with name of speakers were also decided in the meeting.



#### **TV SHOW**

Dr. Sreelatha PR delivering a talk show on "Asthma in children" in Samoohyapadam programme in DD Malayalam. She explained about the clinical features, how to manage asthma in children including use of inhalers and on how to prevent the attacks and doubts from callers were also cleared.



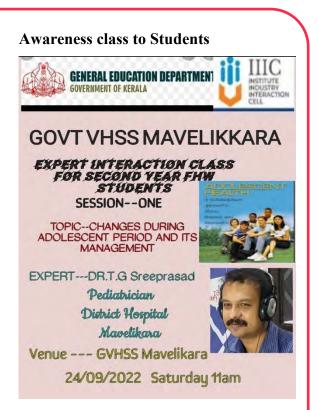


#### **MAGAZINE ARTICLE**

Dr. Sajikumar, Consultant Paediatrician, Parabrahma Hospital wrote an article on Human Milk Banking in the September edition of "Nammude Arogyam" magazine. He has explained well about donors, beneficiaries and about the storage of milk.



പ്പസ്രാജീന് ശൂലഭ്യാശാല്പായ നവജാതംഗ്യംകളുമായി കൈവശാസ്ത്രപരമായി ബന്ധമില്ലാത്ത അമ്മമാർ ഗദോവന ചെയ്യുന്ന മുപ്പോൽ ശേഖരിച്ച്, ആവശുമായ പരിശോധനകൾ നടത്തി, മീതനോ ചെയ്യുന്ന ഒരു സേവനമാണ് മൂലപ്പാലും, വ്രവസർണ്ണം (Liquid God) മീനശാസം പോലെ പ്രധാനമാണ് മുലപ്പാലും, വ്രവസർണ്ണം (Liquid God) മനനിയപ്പെയുന്ന മുലപ്പാൽ പകരം ലെക്കാനാവാത്ത പോഷകങ്ങളാൽ സമ്പുഷ്യമാണ്.



Dr Sreeprasad T G , Junior consultant Pediatrics, District hospital Mavelikkara (President, Alappuzha Academy of pediatrics) led the awareness class organised General education department and IAP, Alappuzha.



The topic was "Changes during Adolescent period and its management" for the



students in GVHSS, Mavelikkara on 24<sup>th</sup> September 2022. Around 60 students attended the session and cleared their doubts.

#### Awareness class for ASHA workers

Dr Shanthi, Consultant Pediatrician, General hospital Alappuzha took an Antirabies awareness class for ASHA workers at GH, Alappuzha on September 28. Around 40 people attended the session and cleared their doubts.



INAUGURATION OF ECDN WORKSHOP



Dr. Jose. O, IAP Kerala President Elect inaugurated the ECDN workshop organised by IAP Madhya Kerala branch. It was attended by 25 delegates and the scientific sessions were followed by group discussions.



**MBFHI INDUCTION CLASS** 



Dr. Jose. O and Dr. Arathi Raj, Nodal Officer MBFHI program, TDMC organised an induction class for the doctors, staff nurses and postgraduate students from both Paediatric and



Gynaecology departments regarding the steps needed to achieve MBFHI accreditation.

### EMCARE WORKSHOP for Casualty Medical Officers

Dr. Arathi Raj, Asst. Professor in Paediatrics, TDMC as faculty at Emcare workshop for casualty medical officers held at Thiruvananthapuram on 29, 30 September 2022. The training included other eminent faculties such as Dr. Shanavas A, Dr. Sheeja Sugunan, Dr. Bindusha and Dr. Nisha Nair.



Awareness class for JPHN

Dr Shanthi, Consultant Pediatrician, General hospital Alappuzha took an Antirabies awareness class for JPHN staff at GH, Alappuzha on September 26. Around 30 staff attended the session and cleared their doubts.



### **OBITUARY** Dr. Thomas Varghese, Senior paediatrician and member of AAP expired on 4<sup>th</sup> September 2022.





### IAP KOTTAYAM

### IAP KOTTAYAM

IAP KERALA EB FAMILY MEET 2022



Kumarakom - a verdant green village on banks of Vembanad lake in Kerala's backwaters surrounded by rich green forest, lakes, canals and beautiful backwaters of Kottayam was chosen as the destination for IAP Kerala EB Family meet on September 17- 18.



On 17<sup>th</sup> evening an array of cultural activities was showcased by all district EB

members. IAP Kerala President Dr Vijayakumar M inaugurated the function with a melodious Hindi song and a gala of cultural activities followed with intermittent breaks by games arranged by IAP Kerala secretary Dr Johnny Sebastian. The whole meet concluded next day with EB Meeting.



### MEMBER ACTIVITIES Program 1

Dr Balachander D National ECHG Secretary attended the FBS AIMC MEETING held at Hyderabad on 3rd and 4th September 2022





### IAP KOTTAYAM / IAP KOCHI

### Program 2

Dr Balachander D Senior consultant Pediatrician, GH, Pathanamthitta took a session on "Burns and Scalds in children" in. Tuesday Academic Series of IAP Thiruvanthapuram on September 27.



### Program 3

MBFHI Assessment at Sanjivani Hospital Chengannur by Dr Nisha V Krishnan Assistant Professor Pediatrics GMC Kottayam as an assessor.



### IAP KOCHI

National Conference of IAP Neuro developmental Chapter, Kolkatha Dr. Ramesh Kumar, National President IAP 3-4 September 2022



Bangalore Pedicon 2022, Bangalore Dr. Ramesh Kumar, National President IAP 3-4 September 2022

Dr. Ramesh Kumar. R, National President IAP, Appolo Adlux Hospital, Kochi honoured at Bangalore Pedicon 202.





Bangalore Pedicon 2022, Bangalore Faculty :- Dr. Deepa Janardhanan, Secretary, AHA Kerala, Kochi <u>3-4 September 2022</u>



<u>"Synapse" Case Discussion & Live</u> <u>Online Quiz Programme</u> <u>Speakers:- Dr. Sangeetha C. Joseph,</u> <u>Con. Neurologist, Medical Trust</u> <u>Hospital, Kochi & Dr. Neena Baby,</u> <u>Con. Neurologist, Renai Medicity,</u> <u>Kochi 18<sup>th</sup> September 2022</u>



### <u>PULMOSTAR Workshop, Rajamudry,</u> <u>Andhra Pradesh</u>

### Dr. Ramesh Kumar, National President IAP 18<sup>th</sup> September 2022

Rajamundry, Andhra Pradesh was always a bustling city of IAP activities. PULMOSTAR Workshop on Sunday 18<sup>th</sup> September 2022 was no different with members even from neighbouring Kakinada District also chipping in. The most renowned experts from Andhra



Pradesh including Dr Sudhakar & Dr Rafeeq from Kurnool and Dr Pavan Kalyan from Krishna made up the faculty along with myself and Dr Ramakrishna Paramhamsa from the host branch. I had the privilege to conduct 2 sessions "Under Wheezing" and "Pediatric 5 OPD Respiratory Practice" in the workshop. And I can never forget the reception with drum beats and music at the venue. Congratulations my dear friend, the doyen of Rajamundry, Dr Guruprasad, our Central EB colleague Dr Ramakrishna Paramhamsa, President Branch Dr Satyanarayana Rao & Branch Secretary Dr Sriram for making the workshop a most successful one.

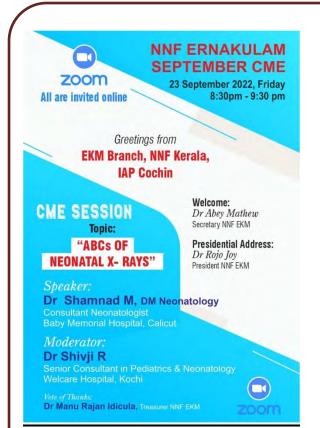


<u>NNF Kerala South Zone Nurses Quiz</u> 20<sup>th</sup> September 2022

NNF NURSES Quiz Kerala South Zone (S4) Divisional Rounds 2022.Preliminary rounds were conducted in online mode today, 20th September 2022 at 9.am. A team of two nurses from 13 hospitals participated. Thank you so much for the support. The Finalists are: - SAT, Thiruvanthapuram, Rajagiri Hospital, Kochi, Kinder hospital, Cherthala, Lourde Hospital, Kochi, Renai Medcity, Kochi, Mar sleeva Hospital, Palai. Final Round be conducted 20th will on today September 2022 at 2 .00 pm in ZOOM Platform. Dr. Febi Francis was the Quiz co-ordinator and Dr. Nithya T was the Quiz Master.







IAP BNRP Workshop Govt. General Hospital, Ernakulam 27<sup>th</sup> September 2022



IAP BNRP FGM Workshop conducted at Govt. General Hospital, Ernakulam on 27<sup>th</sup>

September 2022. Dr. Bilu VS, Govt General Hospital, Ernakulam was the Course Coordinator. Dr. Anilkumar (Lead Instructor), Chief Consultant, General Ernakulam, Dr. Hospital, Arundhati, Senior Consultant Paediatrics, General Hospital, Ernakulam, Dr. Sreeja, Consultant, General Hospital, Ernakulam Dr. Sivaprasad, Junior Consultant, Taluq Hospital, Palluruthi was the faculties. The participants included junior doctors, house surgeons and nurses of both government and private sector. There were about 33 participants attended this workshop. The certificate distribution ceremony marked the conclusion of the program.



IAP Cochin Monthly Scientific Meeting 30<sup>th</sup> September 2022



oswio, O	COVID-19: A multi-centric study from		
	South India		
MONTHLY CME	Jeeson C. Unni, Rajappan Pillai, Gladys		
Date: <b>30th September 2022, Friday</b> Time: <b>8.00 PM</b>	Cyril, George Paul,		
Venue: IMA House Kaloor Do we need an objective approach to paediatric	Aster Medcity, Kochi		
respiratory disorders ? Advances in paediatric pulmonary diagnostics	January-April 2022		
SPEAKER Dr SAJITH KESAVAN,	Original Article		
MBBS MD (Pediatrics), DCH, DNB (Peds) MRCPCH(UK) Senior consultant Paediatric pulmonary and critical care, Amrita institute of Medical sciences, CASE PRESENTATION It is not all COVID pneumonia Dr Suhas Das , DNB (Paeds ), Fellow, Paediatric critical care ,	Notes         Profile of multi-system inflammatory           Outs Response color         syndrome in children related to           COULD-19: A multi-centric study from         South India           Wester www polationspace/south and COC         Sadashiva Ramesh', Jeeson C. Unni <sup>3</sup> , Suresh Kumar <sup>3</sup> , Rajappan Pilla <sup>2</sup> , Cladys Cyril <sup>9</sup> , George Paul <sup>9</sup> , Sathish Kumar <sup>3</sup> , Karthik Arigela <sup>4</sup> , Syed M. Naushad <sup>3</sup> , Manjula Anand <sup>9</sup> , Vinitha Anirudhan <sup>3</sup>		
AIMS , Kochi Pr M S Naushad President IAP Cochin Dr Rekha Zacharias Secretary IAP Cochin Dr Sathyajith G Nair Treasurer IAP Cochin	Received ± 15 Feb, 2022 Reviewed ± 20 May, 2022 Abstract; Padished ± 20 May, 2022 Padished ± 20 May, 2022 Padished ± 07 Kep, 2022 Padished ±		
	CONCLUSION: A significant proportion of children with MIS-C present with shock and myocardial dyalunction. Acti-SARS-CoV-2 antibodies were positive in 75% of children whose primary infection were unnoticed. Keywords: Anti-SARS-CoV-2 antibodies, COVID-19, IVIG, Kawasaki disease, MIS-C, myocardial dysfunction		
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	Pediatric Companion Article Jeavons syndrome: A photosensitive		
	· ·		
	epilepsy syndrome Mathews E Kuriakose, Rekha Zacharias.		

Pediatric Companion Article

Profile of multi-system inflammatory syndrome in children related to

Athlra R Medical Trust Hospital, Kochi

January-April 2022



### IAP KOCHI/ IAP MADHYA KERALA

#### Case Report

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Received : 31 Jan, 2022 Revised : 18 Mar, 2022 Accepted : 30 May, 2022 Published : 07 Sep, 2022

#### Jeavons syndrome: A photosensitive epilepsy syndrome

Mathews E Kuriakose, Rekha Zacharias, Athira R

as a syndrome refers to a max form of generalized splappsy, which is characterized by apacific fixatures such as syndrom refers, photosensitivity, and electroencophalogram charages. Here of intervention of the interventin of the intervention of the intervention of the intervention o

of multiple episodes of jerky mo followed by vacant, lasting fo which was noted from the age c

made. She

Discussion

onia with absence (EMA) pathic generalized epilep preponderance (female:ma (N-1) 16 is reported in 2.5%

elzure, eyelid myoclonia, Jeavons syndrome, photosensitive se

#### Introduction

Jeve myoclonia and absence (EMA), is a generalized epllepsy characterized by marked jerking of eyeldis immediately after closure of eyes associated with heir spike and wave activity. Jeavora described eyeldi myoclonia and absence as a discrete type of photosensitive epilepsy in 1977. Three types of absence seature with myoclonia have been described, which include epilepsy with myoclonic absence (EMA, Tassinari syndrome, facial myoclonic epilepsy with absence, and JS: II is an underreported epileptic syndrome with significant drug resiance, with Karigenic

#### 1 and 1 and

A 12-year-old adolescent female without significant medical history presented to casual as a referred case with a history of two distinepisodes of status epilepticus, characterized tr generalized tonic posturing with ties such movement of head and facial deviation torig [Figure 1]. Her contral nervous system (CN examination was within normal limits. C

Case History

system (CNS) misdiagnosed as tics.<sup>(1)</sup> all limits. On IS is characterized by eyelid myoclonia, eye closure-induced soizure, and

> How to cite this article: Kunakose ME. Zachi R. Athira R. Jeavons syndrome: A photosens epilepey syndrome. Pediatr Companion 2022;1:2

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<u>News Paper Report</u> <u>Malayala Manorama</u> 23<sup>rd</sup> September 2022

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### ANTI MICROBIAL AWARENESS WEEK 2022

Anti-Microbial Awareness Week

Aster Medcity, Kochi

### <u>30<sup>th</sup> September 2022</u>

IAP Cochin Branch & Dept. of Paediatrics, Aster Medcity jointly observed Anti-Microbial Awareness Week at Aster Medcity, Kochi on 30<sup>th</sup> September 2022. Dr. Jeeson .C Unni, Senior Consultant in Pediatrics, Aster Medcity conducted sessions for DNB Candidates.



IAP MADHYA KERALA

NCD workshop September 2022 – IAP Madhya Kerala Venue : IMA house , Aluva, Kerala Date – 25/9/2022 Participants : 30 Faculty: Dr Jayaraman, Dr Nimmy, Dr Ananda Kesavan, Dr O. Jose





### IAP THIRUVANANTHAPURAM

### IAP THIRUVANANTHAPURAM

Nurturing care for early childhood development (ECD) Project.

IAP Thiruvanthapuram Sept 4<sup>th</sup>, 2022 Hotel Residency Towers.



Dr Rugmini K, President IAP Kerala welcomed the gathering. Dr Т Р Jayaraman Past President IAP Kerala and lead faculty inaugurated the session. Other faculties included Dr Bennet Xylem, Dr Riaz I, Dr Priya Sreenivasan, gave felicitations. Dr Benno Andrew, treasurer IAP Thiruvananthapuram gave the vote thanks .Participants were divided into different groups. Dr T P. Jayaraman was the lead faculty. There was good participation of delegates.



National Neuropedicon, Srinagar, Sept 9 to 11.

Our members, Dr Muhammed Kunju, Dr Mini Sreedhar and Dr Bennet Xylem were faculties at national neurology IAP chapter conference at Srinagar.

IMA LIONS PUBLIC HEALTH BRIGADE 14/09/22 at TISS centre



IMA TRIVANDRUM, IAP Trivandrum and LIONS INTERNATIONAL DISTRICT 318A conducted training



programe on compression only life support (COLS) on 14/09/22 at TISS centre, near Bishop House. Around 73 volunters participated. Dr Sreejith R, nodal officer, CRTC IMA Trivandrum, and IAP executive member led the training program.

#### September 21



IAP Thiruvanthapuram in association with Department of Pediatrics, KIMSHEALTH Trivandrum organized a scientific session on 'Autism Spectrum Disorder'. Catherine Lord, an American autism researcher and professor at the School of Medicine, University of California, led the seminar. Meeting was well attended.



### September 25<sup>th</sup> Pediatric conclave Kims Health Trivandrum

Kimshealth, department of pediatrics organised Pediatric conclave, a CME of various topics related to pediatric sub specialities and general pediatrics. Eminent faculties of IAP Thiruvananthapuram branch gave lectures on topic. Dr Saddiq M H, was the organising chairperson and dr Prameela Joji was organising secretary. Meeting was well attended.

September 24, 2022

Doctors for cycling

Cycling for Rabies Prevention Awareness IAP Thiruvanthapuram





Under leadership of Dr Bennet Xylem and Dr Santhosh Warrier along with Dr Pradeep Kidangoor, Dr Glady George and Dr Rose Mary, the cyclists rode from IMA branch hall General Hospital to Sankhumukham beach and back on September 24, at the early hours of the day from 5.30 am to 7.00 am spreading the awareness against prevention of rabies and distributing educational pamphlets on the way .Meeting was flagged off by Dr Arun A John, Kgmoa president, Trivandrum. Rally was received by Dr Prasanth C V, IMA president, Dr Rugmini K, President IAP Trivandrum and Dr Siby Kurian Philip secretary IMA and IAP TRIVANDRUM.



The cyclists were felicitated at a small function by IMA and IAP Trivandrum presidents Dr Prasanth C V and Dr Rugmini K respectively. Meeting was dispersed after breakfast Monthly General body meeting and CME September 24, 2022. Hotel Central Residency The monthly general body and CME for the month of September were conducted at Hotel Central Residency, Thampanoor, Trivandrum on September 25, 2022. Dr Vijayabhaskar, Professor of dermatology (Dch , Md(dermatology) , Stanely Medical College, Chennai took the lecture on "What's new in Atopic Dermatitis" Dr Mini Sreedhar, Executive member and Prof of Pediatric Neurology gave the momento to the Speaker .

General body started with Presidential Address by Dr Rugmini K. Dr Siby Kurian, read the minutes of last General body meeting and monthly report. Dr Kalpana D, Vice President Spoke about an upcoming CME. Dr Benno Andrew, treasurer gave the vote of thanks. Meeting was dispersed for dinner.

#### September 27

# Tuesday Academic Series

#### IAP Thiruvanthapuram

In the first session focussing on National President z action plan, the topic on "Burns and Scalds in children" was dealt by Dr Balachander, Senior consultant Pediatrician, GH, Pathanamthitta. Session chaired by Dr Asok Kumar, was Consultant Pediatric Surgeon Kimshealth. Dr Benno Andrew, Treasurer IAP Thiruvanthapuram welcomed the audience



and Dr Rugmini President IAP Thiruvananthapuram introduced the speakers. Dr Johnny Sebastian, state secretary, Dr Siby Kurian secretary IAP Thiruvananthapuram gave felicitations.



Second session on State Presidents action plan was taken by Dr Radhika S, Hod, Dept. of Neonatology, SAT, Trivandrum on the topic "Rop screening and beyond visual outcomes in Preterms". Session was chaired by Dr Nelby, Consultant Neonatologist, TMM Hospital; Tiruvella Dr Benno Andrew treasurer gave the vote of thanks. Meeting was well attended with good interactive session



### September 25 Meta diabetes 2022

IAP Trivandrum members, dr Mohan Shenoy, Dr Riaz, Dr Sheeja Madhavan, Dr Veena, Dr Parvathy were faculty at metadiabetes conference on September 25, held at Trivandrum.



World heart day ♥ IAP Thiruvanthapuram September 29<sup>th</sup> 2022 IMA Public Health Brigade, TVM





IMA Thiruvanthapuram and IAP Thiruvanthapuram branch observed World Heart Day by conducting CPR training Program for 158 participants of Kerala State Electricity Board at Sri vidya auditorium Nedumangad.

Dr Prasanth C V, President IMA Trivandrum took class on "How to Prevent Heart Diseases through Life Style Modifications". Dr Sreejith R, executive member IAP Thiruvananthapuram, took classes on CPR for the audience.

#### Media

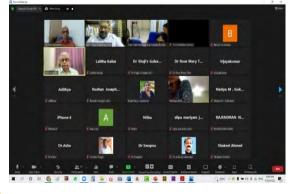


Dr Shibily Rahuman, Executive member, IAP Thiruvananthapuram, on "Fever in children", @hello doctor, Kairali channel on September 22, 2022

#### Journal Club

#### **IAP Trivandrum**

#### September 28



IAP Thiruvananthapuram conducted the Journal Club on September 28th at 7: 30 pm in Zoom Platform. The article was Magnesium sulphate nebulization in acute bronchiolitis in infants: a randomized controlled trial. Janakwade SK et al. Int J Contemp Pediatr. 2021 Jun; 8(6):1048-1053. Dr Johny Sebastian, the State IAP Secretary was present.



The article was presented by Dr Shameem Farhath, Junior Resident, Sree Gokulam Medical College, TVM. Analysis was done by Dr Shayana Udayakumar, Junior Resident, Sree Gokulam Medical College. The Mentor was Dr Rekha S Nair, Associate Professor, Dept of Paediatrics, Sree Gokulam Medical College. Dr Lalitha Kailas, Principal, Sree Gokulam Medical College and former HOD Pediatrics SATH and SGMC were present. Expert analysis was done by Dr Ramankutty V Emeritus Prof., Achuthamenon Centre, SCTIMST, TVM. The session was well attended and there was an interactive discussion which



followed. Dr Padmanabhan Coordinator, Journal Club IAP TVM. Dr Anju K Kanmani Joint Secretary IAP TVM & Joint Co-ordination Journal Club IAP TVM Dr Rugmini K, President IAP TVM Dr Siby Kurian, Secretary IAP TVM Dr Benno Andrews, Treasurer IAP TVM.

